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PROTECT YOURSELF FROM BED BUGS!



IDENTIFY THEM: Bed bugs are brown to reddish brown, they are flat, they get no bigger than lady bugs, they are mostly seen at night, and they are found on mattresses, beds, sheets, headboards, nightstands, etc. Also check all other upholstered furniture and other areas where people sleep. Bed bugs bite humans to feed on our blood, and hard white welts accompanied by itching often occurs, but not everyone reacts to the bite. ***If you think you have bed bugs, catch a sample if you can and call us to schedule an inspection.***

DON'T BRING THEM HOME: Bed bugs hitch rides on the clothes and luggage of people staying in infested rooms. If you have been traveling inspect and launder (on hot settings) all of your clothes and luggage before putting them away. Bed bugs also hide in used clothing, furniture, mattresses, bed frames, dressers, etc. If you have recently received any used clothes or furniture inspect and launder it as well. Any item which cannot be laundered (luggage, furniture) should be very thoroughly vacuumed, paying special attention to all cracks and crevices where small bugs may hide. Throw out the vacuum bag immediately.

BED BUG PROOF YOUR HOME: *Eliminate clutter as much as possible, especially near all sleeping areas!* Keep the bed pulled away from the walls, and don't let sheets and blankets touch the floor. Place double sided tape around the legs of the bed frame (carpet tape from hardware stores works well). Regularly (at least monthly) launder all bed coverings. Regularly vacuum all cracks and crevices in the floors, all carpeted areas, plus the mattress, box spring and bed frame including the headboard. Encase your mattress and boxspring in bed bug proof covers (we have these available for purchase). Caulk or otherwise seal all cracks and crevices in sleeping areas including those around baseboards, pot lights, electrical plates, door and window frames, baseboard heaters, etc.

IF YOU ALREADY HAVE BED BUGS: Do all of the above and call a professional. Successful elimination usually requires application of a variety of pesticides, it may involve disposing of infested furniture, and it always requires patience and cooperation between the occupants and the pest management pros.